

Tennis tactics drill – create space

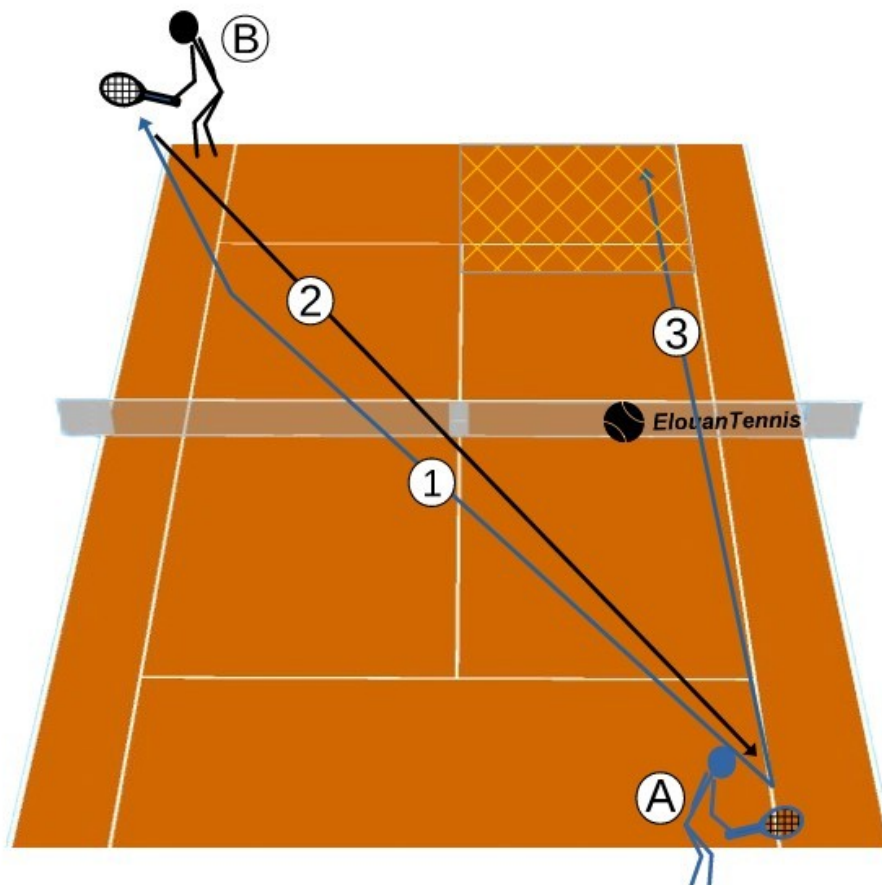
Category(s):	strategy, tactic
Level:	Yellow ball - Intermediate
Duration :	10 min
Materials:	

Hi friends !

Here's how to surprise your opponent and gain an advantage by creating space on the pitch and varying the play.

OPTION A:

Player A hits a forehand at an angle, forcing Player B to move outward to catch the ball. Afterwards, Player A hits the second ball into the empty space on the opposite side of the court, making it difficult for Player B to return and recover the ball.



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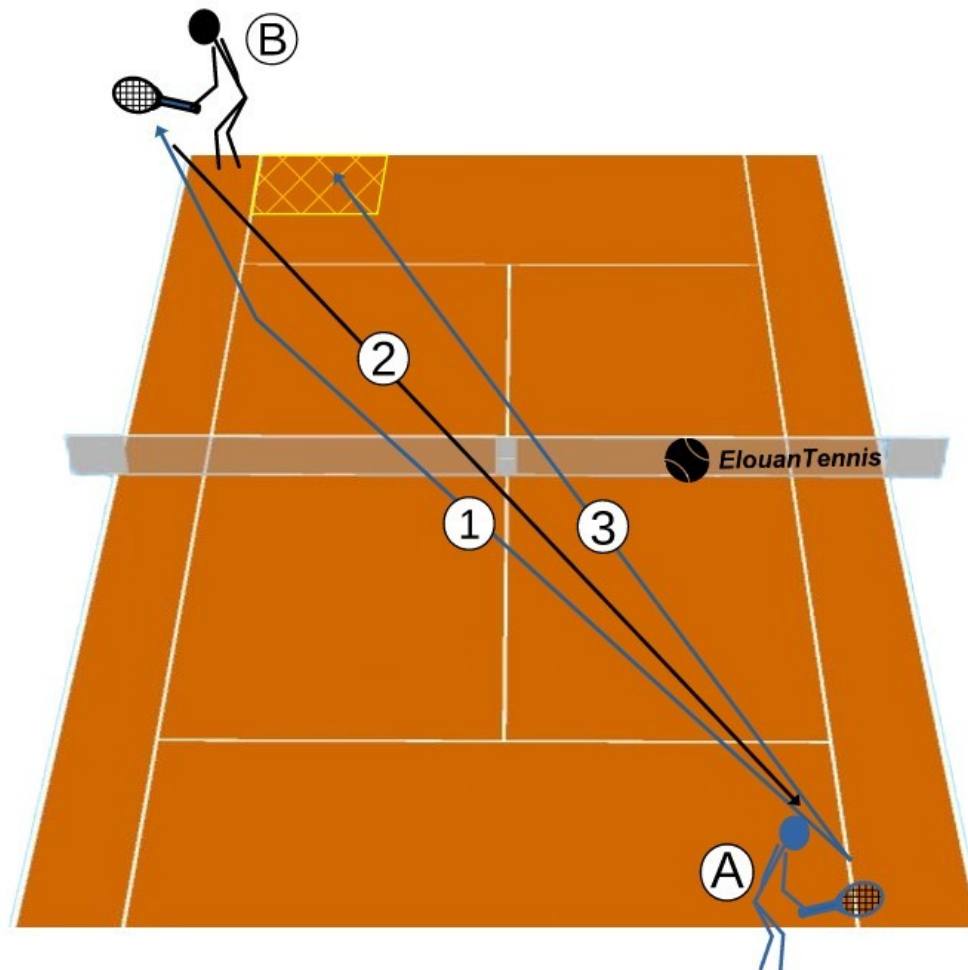


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OPTION B: (Game variation)

Player A hits a forehand at an angle, prompting Player B to anticipate and move to the open side of the court.

However, instead of hitting in the same direction, player A surprises player B by hitting the ball behind him, where he is not positioned, which unbalances him and gives an advantage to player A in the exchange.



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