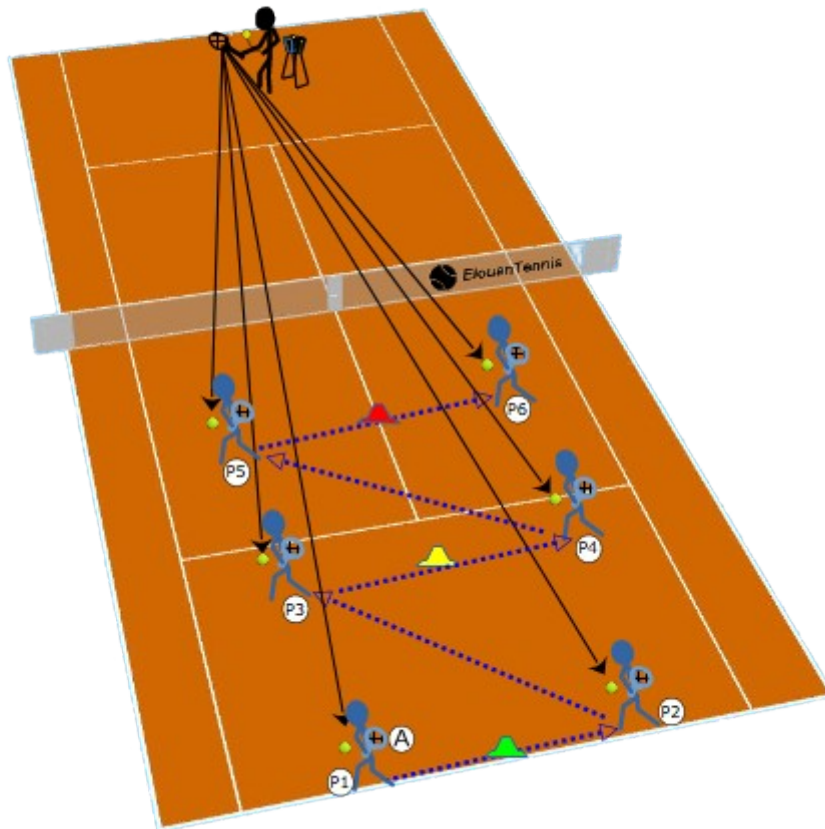


Hit a backhand from anywhere

Category(s):	
Level:	Yellow ball - Intermediate
Duration :	10 min
Materials:	Plots, basket of balls



Hi !

Do you want to become a backhand ace?

learn to hit it from anywhere on the court

repeat this exercise a large number of times without getting comfortable with your backhand and you will see, you will become an ace on the backhand



Elouan Tennis Drill Maker (ETDM)
Software for creating & editing tennis exercises



<https://elouan-tennis.com>