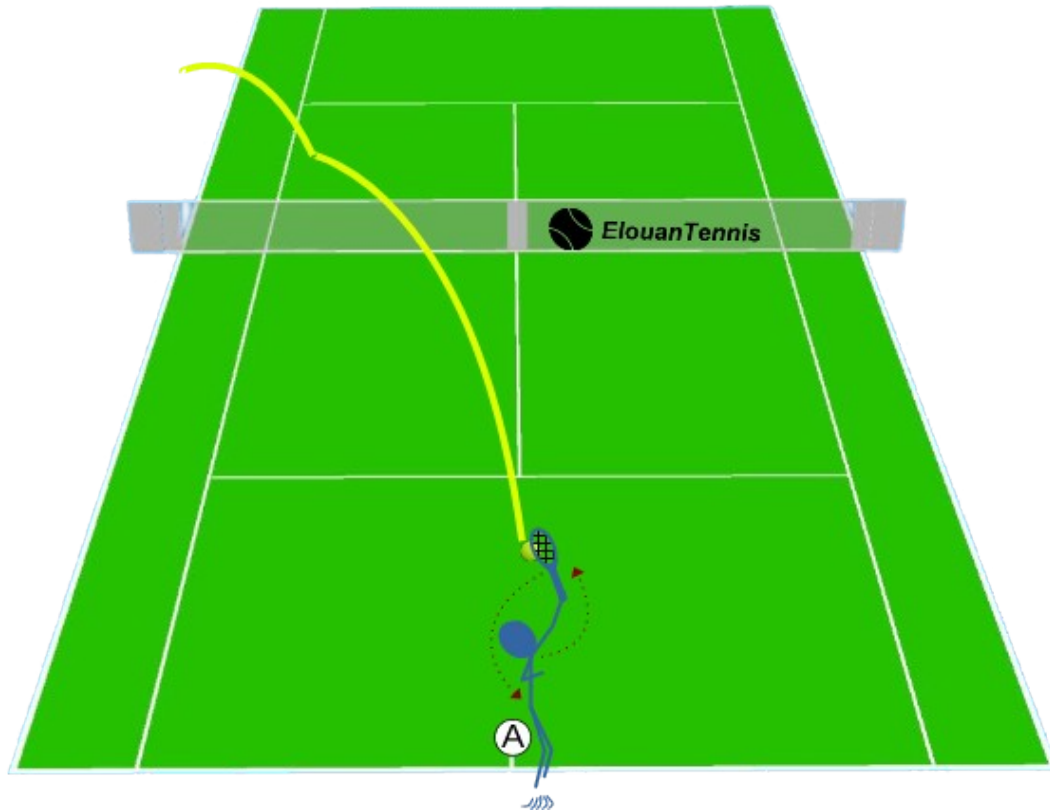


Perform a perfect sliced serve

Category(s):	service, slice
Level:	Yellow ball - beginner, Intermediate
Duration :	10 min
Materials:	-



Hi friends !

A well-executed slice serve can truly change the course of a match, thus avoiding the dreaded double fault.

To learn how to perform an effective slice serve, follow these steps:

- Position yourself on the baseline, in profile to the net, with one foot slightly in front of the other for better stability.
- Throw the ball slightly to the right (for a right-hander) and in front of you.
- At the moment of contact with the ball, tilt the face of the racket to the right (for a right-handed person) and forward to generate the slice effect.
- Follow the movement with your arm and body after contact with the ball for more power and speed.

TIPS: Aim to hit the slice serve close to the sideline to exploit the curvature effect.



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