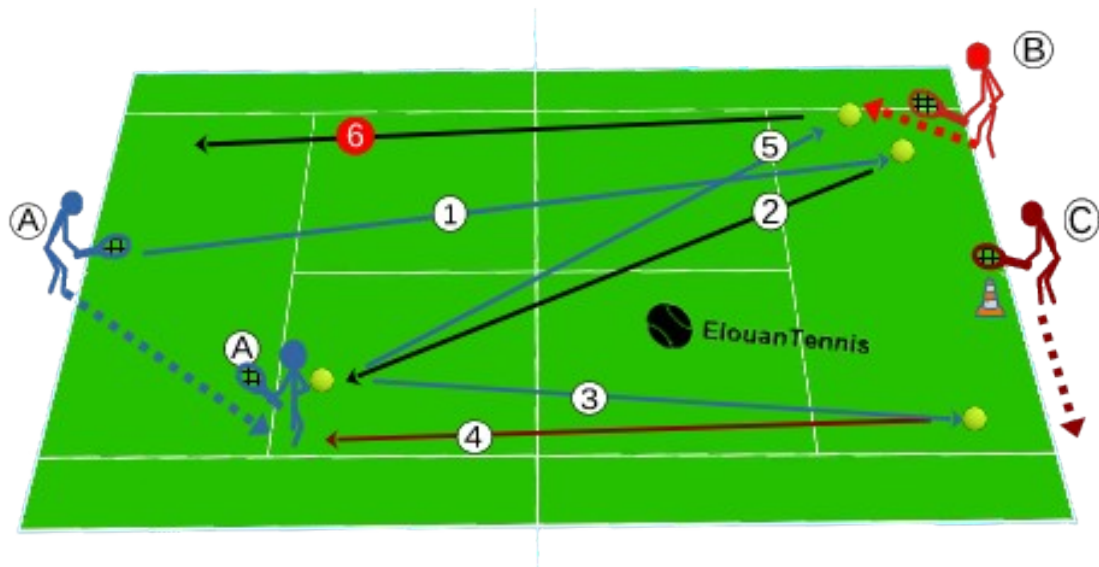


## Attack construction: passing and defense

Category(s):	Defense, precision
Level:	Yellow ball - Intermediate
Duration :	10 min
Materials:	plots



Hi friends

Here is a fairly complete exercise, you present the particularity of this 3 game.  
 It will allow a player to work on building the point of attack on the forehand  
 It will allow a player to work on passing on the backhand  
 It will allow a third player to work on defense

### Description and purpose of the exercise:

- Player A spoons a ball at player B
- Player B returns a ball favorable to the attack on A's forehand
- The A enters the ball and attacks long line
- Player C as a long line passing
- Player A intercepts the passing and performs a cross volley
- Defending player B returns long line



Elouan Tennis Drill Maker (ETDM)  
 Software for creating & editing tennis exercises



<https://elouan-tennis.com>