

## 7 points in Volleyball mode

Category(s):	cardio, movement, intensity, speed
Level:	Yellow ball – Intermediate
Duration :	1 min
Materials:	

Hi

Do you know volleyball? When the team opposite serves, if we win the point we don't score... we just get the serve back....

Here's a fun tennis game inspired by the rules of volleyball:

- 7 point game
- If you win a point on your serve you score a point and you keep the serve.
- If you lose,

the opponent recovers the service (but does not score a point, he must serve and win to score) Exactly like in volleyball... you only score points on your serve, and you have to recover it first.



Elouan Tennis Drill Maker (ETDM)  
Software for creating & editing tennis exercises



<https://elouan-tennis.com>