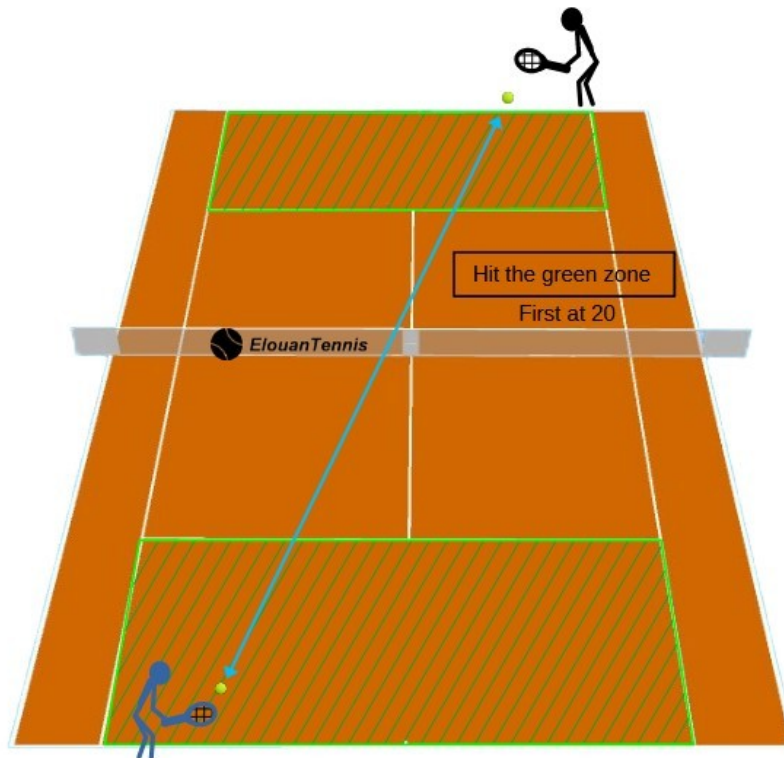


Tennis Game - Find the length

Category(s):	regularity, Area
Level:	Green ball, Yellow ball – Beginner, Intermediate, Confirmed
Duration :	10 min
Materials:	



With this little game, I practice finding length in my shots.

Finding length is essential to keep your opponent at the back of the course, to prevent him from attacking.

Finding length is essential to put your opponent in difficulty and obtain a favorable ball that you can attack.

The exercise therefore consists of starting an exchange with our partner and returning the ball to the green zone.

No ball is in the green zone, one point is counted out loud.

The first to 20 points wins.

2 partners are not necessarily in opposition in this game. Depending on the level they can send balls to each other that are relatively easy to negotiate to give each other a chance to find the length.

If the partners are of a slightly higher level they can start trying to get into difficulty.



Elouan Tennis Drill Maker (ETDM)
Software for creating & editing tennis exercises



<https://elouan-tennis.com>